

# MERRY CHRISTMAS!

2022 YEAR END NEWSLETTER

DEC. 2022 | VOL. 12

We are grateful for your willingness to partner with us as we serve and minister to women, men, and children in our community. Obria's mission is to provide reproductive healthcare in a way which empowers our community to make informed, life-affirming decisions. We provide sexually transmitted infection testing and treatment, pregnancy tests, ultrasounds, well-woman care, pap smears, and referrals to community resources.

Because of your generosity, we met our budget goal of \$325,000 for the 2021-22 fiscal year and accomplished the following goals:

1. Hired an executive director, Tamra Call
2. New medical director, Dr. Timothy Leeds
3. Added two providers who volunteer weekly in the clinic: Laurie Pieper, ARNP and Dr. Leeds
4. Hired a new nurse manager
5. Nurse manager and nurse practitioner completed ultrasound training
6. Received a grant from Focus on the Family to be able to offer the abortion pill reversal



## *Why a Medical Clinic?*

We recently received a flowchart created by the American College of Obstetricians and Gynecologists (ACOG) which outlines how to identify a crisis pregnancy center (CPC). ACOG points out that staff at a CPC may provide medically inaccurate information, emphasize the dangers of abortion, and manipulate women to continue their pregnancy. ACOG states that CPCs are not subject to HIPAA or required by law to maintain client confidentiality. More than ever, it is imperative that we provide healthcare that is evidence-based, excellent, holistic, and compassionate. Obria's strategic medical model requires HIPAA compliance, strict client confidentiality, and staffing clinics with licensed medical staff including nurse practitioners and/or physicians.



*"We want to reach these women first to provide them with accurate information, time to consider their decision, and holistic support so they are empowered to choose life."*

In Iowa, abortion rates increased by 42% from 2018 to 2020. Nearly 80% of abortions in 2020 were medical abortions. The FDA removed the requirement for an in-person appointment for a medical abortion so most occur in the woman's home, without medical care. A medical abortion involves taking two medications that block progesterone and cause intense uterine contractions and bleeding. We want to reach these women first so we can provide them with accurate information regarding abortion procedures and pregnancy, time to consider their decision, and holistic support so they are empowered to choose life. We can also offer the abortion pill reversal if they regret their decision after taking the first medication.

## *We Need Your Support*

Our budget goal for the 2022-23 fiscal year is \$415,000. We would like to raise \$150,000 of that goal by December 31, 2022. With your help, we hope to achieve the following goals:

1. Hire a part-time nurse practitioner
2. Expand our service area with our mobile unit
3. Expand marketing to increase number of clients, specifically those facing an unplanned pregnancy
4. Receive certification from the Accreditation Association for Ambulatory Health Care (AAAHC)
5. Plan and prepare for a brick-and-mortar clinic in Ft. Dodge



We need your support to provide excellent, holistic, life-affirming reproductive healthcare to those in Ames, Ft. Dodge and beyond. Please join us in defending life by making your gift on our online donation form, sending a check in the enclosed envelope, or scanning the QR code. You may also want to consider a charitable distribution of assets (i.e., IRAs, annuities, etc.) or take advantage of matching opportunities with your employer.

*“Truly I tell you,” Jesus said, “unless you turn and become like little children, you will never enter the kingdom of heaven. Therefore, whoever humbles himself like this child—this one is the greatest in the kingdom of heaven. And whoever welcomes one child like this in my name welcomes me.”*

*-Matthew 18 : 3-5*

If you have any questions, please contact Tamra Call at (515) 620-5892.

*Please consider making a charitable holiday donation by scanning the QR code below:*



# God Saved The Baby

I came to the USA for my job, leaving my 1-year-old son and 22 days old daughter with my mom. Yes! You read it right, 22 days old daughter. I had a C-section, and my wounds were not healed yet, but I took a 24-hour flight and came to Ames for my job. I made this hard decision for my kids because even though I am married, I was living the life of a single mom who must search and scoop all the resources for her kids. I had nothing: no job, no house. After 6 months, I contacted my husband and begged him to bring my son and daughter to the USA so I can have mental peace. He could bring only my son and my daughter was still in my home country. My life was getting harder day by day and then I came to know that I was pregnant again. That news was like a bomb for me. I felt like I was dead. I went into severe anxiety and depression. I was unable to think about how I would manage it all. The responsibility of 3 kids is not easy task. Even though I love my kids so much, I decided to abort the baby. I talked to a very close friend (she is like my mom) and she took me to Obria. I still remember her words.

She said, "no matter what you decide for this baby, I will still love you."

I was 7 weeks pregnant when I first heard my baby's heartbeat. It melted my heart. All the emotional support I got from Obria led me to change my decision and I finally decided to keep the baby. Before knowing the gender, I decided to name the baby Muhammad Essa. (Essa is the name of Jesus Christ in Muslim). This name is as special as the baby. I fell twice during the 3rd trimester of my pregnancy and God saved the baby. On June 9th I delivered Muhammad Essa in Ames, and it was the happiest day of my life. He has brought a lot of blessings into my life. Whenever I see his face, it reminds me what I was going to do with this little sweetheart. Thanks to my special friend Nancy and Obria, they saved me from the guilt of killing my own baby."



We are praying for you as you prepare for the holiday season and reflect on the glorious beauty of the infant child who humbly left his heavenly throne for a stable to give us an eternal inheritance in his Kingdom.